



Basic Sail Skills Enhancement 1 & 2 Sessions hosted by TASS

Skills Enhancement Course Content

Class Description: Skills Enhancement 1: New and intermediate sailors can enhance their skills in this hands-on instruction.

- You will be introduced and refreshed on the basics of sailing.
- Knot Tying essential to master
- Why sailboats move, wind direction, proper and safe tacking and jibing.
- Actively participating in getting underway, trimming the sails according to the course and basic maneuvers, and safely docking the boat is covered at the end of the session
- Essential boat knowledge and boating safety.
- All participants will get to work different crew positions, including steering.

Class Description: Skills Enhancement 2: Intermediate/experienced sailors can hone their skills in this hands-on instruction.

Skills Enhancement 2 will build on the topics covered in the first session. While participation in the primary Skills Enhancement 1 is not a requirement, attendees should have some basic sailing knowledge to join this more advanced skills enhancement. The classroom portion in the morning will cover

- Tying essential knots (you cannot practice this enough)
- Docking & underway setting lines and safety
- Basic navigation, right-of-way maneuvering, stand on
- Point of Sail – It is all about the wind
- Advanced sail trim, maneuvering, and anchoring.
- Terminology frequently called out by skipper
- Rig a Wind on Wing – how, when, and why - Safely
- Proper operation of the winch during tacking and sail trimming
- Use of the traveler vs. mail sail trim
- Reefing – when and how
- Man Overboard
- On the water, it will be ensured that everyone on the boat will get hands-on experience in all positions to hone their skills.

After these two classes, you should feel right at home on any sailboat, and you will be able to actively participate in the boat's operation as a crew member.

Sailing is a sport that needs to be repeated consistently to increase proficiency. The more frequently you participate in a hands-on manner, your intuitive skills will increase. No two days on the water are the same; different skills and maneuvers may



be used at any given time. Repeating Skills Enhancement 2 will give you the focus to continue to improve.

All of our skills sessions are led by our experienced skippers, who will jointly guide you during these classes. Since we want to ensure that everyone can participate actively during the time on the water, the number of people on the boat will be limited.

Additionally, throughout the year, various sailing and safety skills enhancements are conducted and scheduled by the Vice Commodore.

We welcome suggestions for courses that you would like to see available.

For more information or to send your suggestion for a course, please email our Vice Commodore.

To sign up for a sail, browse our calendar and select a sail! Learn more about events and skills by attending one of our weekly meetings.

Questions, email vice-commodore@sailtass.com

*Disclaimer, courses are not ASA certified.